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Manchester Secondary Pupil Referral Unit would like to remind our pupils of the need to keep themselves safe when using social media and on line generally.

The following tips may be useful:

- Use the privacy settings on the phone to limit who reads your feed
- Keep location settings off when on social media
- Do not share personal information or images/video with anyone online
- Do not accept a friend request from someone you do not know in real life
- Know how to block or report anything concerning on sites and apps they use. <https://www.net-aware.org.uk/> to find out how.
- Look out for the CEOP icon to report anything suspicious or concerning areas on apps/sites
- Check out for the NSPCC tools, including being Share Aware <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/>
- Remember that online behaviour – including sharing personal information – should mirror behaviour in person.
- Perhaps download <https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/sexting/> to help you deal with request from inappropriate photos.

If you have received or sent any information, images or video to someone whom you do not know, you may want to talk about this with someone. You can share your concern with staff in school.